I track results for over 20,000 pace number combinations. For my daily selections based on that database, visit the main page of my blog at HowToPickLongShots.com/blog/

If "0 0 0" is listed for pace numbers, data is unavailable. Same for "no data".

Turf Report: take note of first time starters with turf pedigree. Also take note of horses with turf pedigree who are returning to grass after racing on dirt/synthetic.

Finger Lakes 7/28/2015

1 1119											
4F Pa											
	Late P	ace									
			Combi								
						nce last start					
	_					↓ indicates class drop					
			Race Program #								
						Race #	Prog	ram #			
R1	Di	rt				1		8 Dirt Route			
97	7	7	75	8_days			5	FUTURAZO			
86	10	2	88	21_days			2	CALEB'S A SURVIVOR			
81	11	7	99	_			6	STRUEVES STAR			
72	9	5	67	32_days			1	FULLFAITHANDCREDIT			
68	88	8	57	_			3	CAT SQUAD			
66	87	7	53	16_days			4	TWO AND TWENTY			
R2	Di	rt				2		5.5 Dirt Sprint			
73	32	2	5	10_days			6	ANNA MAE JONES			
70	44	4	14	10_days			1A	POLITICAL LADY			
70	4	1	12	10_days			2	SALTINTHECITY			
67	69	9	36	23_days			3	RASIN A DELIGHT			
58	66	6	24	23_days			4	BUDDY SYSTEM			
52	49	9	2	11_days			1	ROSE OF SICILY			
39	48	8	-13	7_days			5	THREE BET			
0	-1	1	0	21_days			7	WESTERDAY			
R3	Di	rt				3		6 Dirt Sprint			
96	58	8	53	14_days			2	MEET THE METS			
89	5	5	45	265_days			1A	ROARING CONQUEST			
75	10	0	75	45_days			1	LAILA'S JAZZ			
70	86	6	56	14_days			6	FRENCH WINE			
66	90	C	56	27_days			5	ROCK STAR CHARLIE			
58	97	7	56	27_days			3	AXSPECTATOR			
57	10	8	65	27_days			4	RED ROCKET EXPRESS			
R4	Di	rt				4		8.3 Dirt Route			
70	82	2	52	23_days	\downarrow		6	SHIMMY COCO PUFF			
67	87	7	54	_	-		1	PURA P T			

Please check program numbers and pace highlights for accuracy.

Information is for entertainment purposes only.

Pace Numbers Available At HowToPickLongShots.com/blog/

53	91	44	11_days	\downarrow		3	NO FLAWS
52	102	54	11_days	↓		7	BRASSTOWN SHERIFF
52	100	52	_	•		1A	STAROFTHEMOUNTAIN
45	96	41	_	\downarrow		2	FLAG HANDLER
45	107	52	_	·		5	I CAN AND I WILL
45	94	39	_	\downarrow		4	AHOY MATE
R5	Dirt				5		8 Dirt Route
100	47	48	39_days			2	ABILIO
85	38	22	28_days			7	JOHN'S SHARP HUMOR
60	82	42	21_days			3	ANDROPHY
54	91	45	14_days			6	RETIRED
54	83	37	18_days			8	AUGIE DAWGIE
50	81	31	11_days			5	SHILAH
50	94	44	16_days			1	STEEL MAN
49	113	63	11_days			4	MATT AND JESSE
R6	Dirt				6		6 Dirt Sprint
57	35	-7	16_days	\downarrow		4	LITTLE T. LOUIE
45	26	-28	16_days	\downarrow		2	ERNEST RUNAWAY
45	41	-15	13_days			3	JO JO
43	55	-2	12_days	\downarrow		1	OLD MCDONALD
41	44	-14	16_days			8	NORTHERN HAWK
40	43	-17	16_days			1A	SEE YA
36	69	6	14_days	\downarrow		5	FREIGHT
33	29	-38	16_days			6	UBICIT
0	4	0	48_days			7	I THE PAPPY BOSS
R7	Dirt				7		5.5 Dirt Sprint
62	65	27	14_days			8	ROARING BELLE
60	81	41	216_days	\downarrow		5	DOGTOOTH VIOLET
55	53	8	10_days			6	MOJITO MINT
51	79	31	14_days			4	VICTORIOUS SONG
49	53	2	14_days			7	YAMPA RIVER
43	52	-5	45_days			3	INSANE SPEED
40	51	-9	14_days			1	PERFECT WINK
40	58	-2	14_days			2	STEPHEN'S EVEN
R8	Dirt				8		8 Dirt Route
85	96	81	37_days			6	KID KAOS
81	132	113	23_days			4	CRACKERJACK JONES
76	94	71	18_days			5	PRIME MISTRESS
76	97	73	14_days			3	BORN IN BROOKLYN
73	128	100	7_days			7	BIGSHOTINTHENEWS
71	144	115	23_days			2	SUNDAE ON SUNDAY
71	131	102	_			1	PETER'S PROJECT

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Pace Numbers Available At HowToPickLongShots.com/blog/

R9	Dirt			9		5.5 Dirt Sprint
74	67	40	7_days		1A	DIZZY DISCO DIVA
69	63	33	17_days		7	WISE AWAKE
63	36	-1	28_days		10	MISS MINTO
61	64	25	11_days		1	G K' S MIRACLE
61	61	22	20_days		5	SATURDAYNITESANDY
59	63	21	11_days		6	MISS DRAGON LADY
56	75	31	14_days	\downarrow	2	KILNOCKAGAIN
55	47	3	11_days		4	DOUBLE THE SILK
55	60	14	11_days		3	RAINBOW EXPRESS
47	65	13	11_days		8	NORTHERN WARRIOR
0	30	0	24_days		9	JUPITER MOON

Pace Numbers Available At HowToPickLongShots.com/blog/

There are three types of pace scenarios:

- 1) Fast to the ½ mile and then slow
- 2) Slow to the ½ mile and then fast
- 3) Evenly distributed pace throughout the race

My pace numbers are designed to reveal the different pace scenarios and help you spot potential winners you might otherwise ignore.

4f Pace – This is a pace measurement for each horse based on the first 4 furlongs of the previous race.

Late Pace – This is a pace measurement for the remaining portion of the race after the ½ mile time.

Combined – This is a direct comparison of each horse against the others. The higher the number the better.

Class drop – the arrow indicates a significant class drop (minor class drops usually won't be noted).

Things to note:

The 4f Pace and the Late Pace can be compared against each other.

The Combined number can only be compared against combined numbers. Always respect horses with the highest combined number even if their 4F Pace or the Late Pace numbers are low.

Horses with the highest pace numbers (either 4F Pace or Late Pace) should always be respected. Example: In a 6 furlong dirt race, the fastest early pace horse has a 100 pace rating. Its Late Pace number is only a 25, and its combined number is a 12. Its Late Pace and Combined numbers are dismal compared to every other horse in the field. Should you ignore this horse? Never! This is one type of horse that can win in wire-to-wire fashion at a big price.

Horses that are ranked highest for early pace should always be considered for the win slot.